

Find out if Optune is right for you

How can Optune fit into my treatment plan if my doctor decides to prescribe Optune?

If you have newly diagnosed GBM, Optune is used together with chemotherapy* after surgery and radiation with chemotherapy.



If you have recurrent GBM, Optune is used alone once treatment options like surgery and radiation have been exhausted.

Optune is not for everyone. For more information about who should not take Optune, please see the Optune User Manual.

How can Optune fit into my daily life once it has been prescribed?

Continuous treatment with Optune can be received almost anywhere. If your doctor says it's okay, you can use Optune during your daily routine at work, while travelling, and even at social functions.

"I'm still working full time ... and maintain some of my hobbies, like woodworking."

—Brian, an Optune user



Susan is Brian's wife and caregiver.

*Temozolomide, also known as Temodal®.

Support throughout your journey

From your first question about Optune and throughout your treatment, there are many resources to help, including



nCompass support services provided by Novocure



Information on starting and staying on Optune

Visit [Optune.ca](https://www.optune.ca) for more information

Patient images reflect the health status of the patients at the time each photo was taken.

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Learn About Optune®

A portable treatment option for glioblastoma multiforme



Kim is an Optune user.

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Learn the basics about Optune

What is Optune?

Optune is a portable medical device approved for the treatment of glioblastoma (GBM) in adults aged 18 years of age or older.

How does Optune work?

Optune works by creating Tumour Treating Fields (TTFields), which are electric fields that are intended to prevent cancer cells from dividing.

TTFields can slow or stop GBM tumour cells from dividing and may cause some cells to die. Using 4 adhesive patches called transducer arrays, TTFields therapy is delivered to the brain where the cancer is located.



"I didn't think I'd be alive today. Now here I am with Optune, still enjoying life."

—Marcia, an Optune user

Juliet is their daughter.

BT is Marcia's husband and caregiver.

What is Optune approved to treat?

Optune is a portable medical device indicated to treat a type of brain cancer called glioblastoma multiforme (GBM) in adult patients 18 years of age or older.

Newly diagnosed GBM

If you have newly diagnosed GBM, Optune is used together with and after standard of care maintenance chemotherapy if:

- Your cancer is confirmed by your healthcare professional AND
- You have had surgery to remove as much of the tumour as possible and completed radiation therapy

Recurrent GBM

If your tumour has come back, Optune can be used alone as an alternative to standard medical therapy if:

- You have tried surgery and radiation and they did not work or are no longer working AND
- You have tried chemotherapy and your GBM has been confirmed by your healthcare professional

Who should not use Optune?

Optune for GBM is not for everyone. Talk to your doctor if you have:

- An implanted medical device (programmable shunt), skull defect (such as missing bone with no replacement), or bullet fragment. Optune has not been tested in people with implanted electronic devices, which may cause the devices not to work properly, and Optune has not been tested in people with skull defects or bullet fragments, which may cause Optune not to work properly
- A known sensitivity to conductive hydrogels (the gel on the arrays placed on the scalp like the ones used on ECGs). When Optune comes into contact with the skin, it may cause more redness and itching or may rarely cause a life-threatening allergic reaction

Do not use Optune for GBM if you are pregnant or are planning to become pregnant. It is not known if Optune is safe or effective during pregnancy.

What should I know before using Optune?

Optune should only be used after receiving training from qualified personnel, such as your doctor, a nurse, or other medical staff who have completed a training course given by Novocure®, the maker of Optune.

- Do not use any parts that did not come with the Optune Treatment Kit sent to you by Novocure or given to you by your doctor
- Do not get the device or transducer arrays wet
- Please be aware that Optune has a cord that may cause tripping when connected to an electric socket
- If you have an underlying serious skin condition on the scalp, discuss with your doctor whether this may prevent or temporarily interfere with Optune treatment

What are the possible side effects of Optune?

Common side effects of Optune when used together with chemotherapy for GBM were scalp irritation (redness and itchiness), low blood platelet count, nausea, vomiting, tiredness, and seizure.

The most common side effects when using Optune alone for GBM were scalp irritation (redness and itchiness) and headache. Other side effects were malaise, muscle twitching, fall, and skin ulcers.

Talk to your doctor if you have any of these side effects or questions.

Please see the Optune User Manual for complete information regarding the device's indications, contraindications, warnings, and precautions.

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